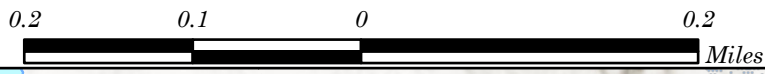


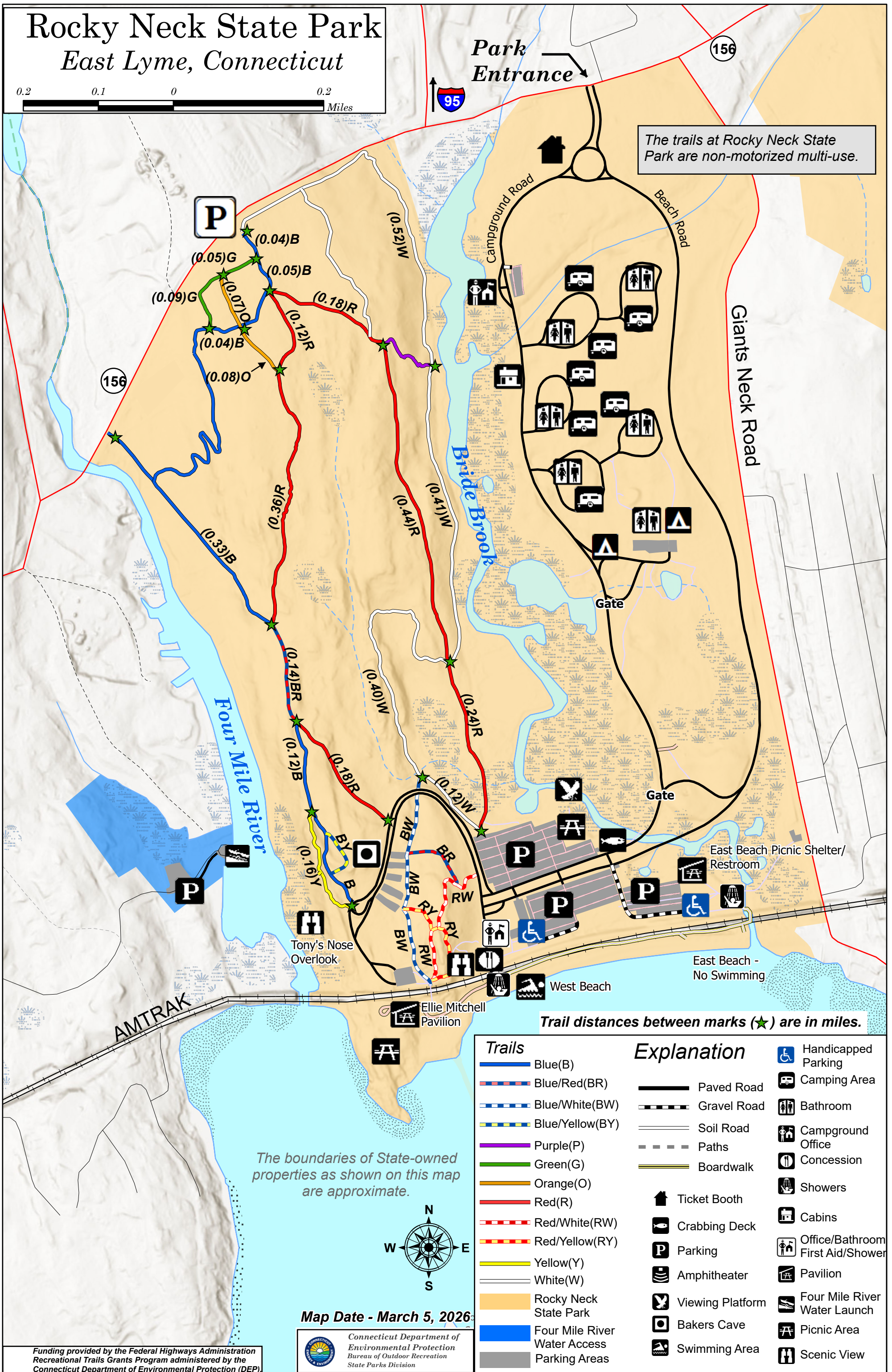
Rocky Neck State Park

East Lyme, Connecticut



Park Entrance

The trails at Rocky Neck State Park are non-motorized multi-use.



156

156



(0.04)B
(0.05)G
(0.09)G
(0.07)O
(0.04)B
(0.08)O

(0.18)R
(0.12)R

(0.52)W

(0.44)R
(0.41)W

(0.33)B

(0.36)R

(0.40)W

(0.24)R

(0.14)BR
(0.12)B

(0.18)R

(0.12)W

(0.19)Y

BY
B

BW
BR
RW
RY
BW
RY
RW

Tony's Nose Overlook

Ellie Mitchell Pavilion

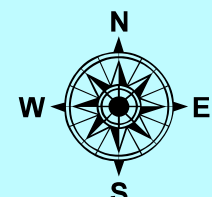
East Beach Picnic Shelter/ Restroom

West Beach

East Beach - No Swimming

AMTRAK

The boundaries of State-owned properties as shown on this map are approximate.



Map Date - March 5, 2026

Trail distances between marks (★) are in miles.

Trails		Explanation	
	Blue(B)		Paved Road
	Blue/Red(BR)		Gravel Road
	Blue/White(BW)		Soil Road
	Blue/Yellow(BY)		Paths
	Purple(P)		Boardwalk
	Green(G)		Ticket Booth
	Orange(O)		Crabbing Deck
	Red(R)		Parking
	Red/White(RW)		Amphitheater
	Red/Yellow(RY)		Viewing Platform
	Yellow(Y)		Bakers Cave
	White(W)		Swimming Area
	Rocky Neck State Park		Handicapped Parking
	Four Mile River Water Access		Camping Area
	Parking Areas		Bathroom
			Campground Office
			Concession
			Showers
			Cabins
			Office/Bathroom/First Aid/Shower
			Pavilion
			Picnic Area
			Scenic View

Funding provided by the Federal Highways Administration Recreational Trails Grants Program administered by the Connecticut Department of Environmental Protection (DEP).